# **COMPANY APPEARANCE GUIDELINES 2021-2022**

We require our company dancers to maintain a professional appearance onstage and off. Jewelry and nail polish is NOT allowed at any performance. This includes toenails too if you are in a routine that doesn't cover your toes. Absolutely NO underwear is to be worn under tights. Tights must be fresh and clean with no holes or runs. Hair must be slicked back tight.

### WHAT TO WEAR TO AND FROM PERFORMANCES

Company Jacket and leggings are required when traveling to and from performances. You must keep your costumes covered up while in public so that they stay protected.

## **FALL PERFORMANCE OUTFITS:**

In order to maintain a uniform look all performance apparel must be purchased from the studio.

Jazz/Lyrical/Contemporary Fall Performance Outfit

- Black studio tank top
- Black studio leggings
- Black studio sports bra OR company leo must be worn under your black performance top
- NO TIGHTS under your leggings!
- Assigned shoes for that particular routine

# Hip Hop Fall Performance Outfit

- Black studio tank top
- Black studio leggings
- NO TIGHTS under your leggings
- Black studio sports bra or company leo must be worn under your shirt
- Clean tennis shoes (we prefer a solid color black or white shoe if possible. However, you don't need to purchase new shoes if you don't already own a pair that color)

### MAKEUP:

All dancers need to wear the required company makeup. **Substitutions of brands and colors are not allowed**. Instructions for application AND a tutorial video can be found on the Company page under the performance tutorials.

- Dancers in 3-6<sup>th</sup> grade are required to wear the JAM 1/2 eyelashes
- Dancers in 7<sup>th</sup> grade and above are required to wear the JAM full eyelashes

### HAIR:

The Company hairstyle this year is a "low bun," parted in the middle, slicked back tight. A tutorial can be found on the Company page under the performance tutorials.

Here is what you will need:

- 1. Hairspray/hair gel
- 2. Elastic
- 3. Comb
- 4. Bobby pins (to wrap the hair around the elastic and secure with pins.
- 5. Hair net matching your haircolor.

## Instructions

- 1. Part your hair in the middle and smooth all your hair with water/gel/hairspray to give it a clean look.
- 2. Pull hair into a low ponytail straight back.
- 3. Split hair in half and twist each section as you wrap the hair around the elastic using bobby pins to secure
- 4. Keep bun as flat to the head as possible, no "door knob buns."
- 5. Wrap hair net around the bun, use more bobby pins until secure.
- 6. Hairspray the front again and secure any flyways.